



NATIONAL BUREAU OF STATISTICS

Liquefied Petroleum Gas (Cooking Gas) Price Watch

(JULY 2025)

Report Date: August 2025

Data Source: National Bureau of Statistics (NBS)

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METHODOLOGY

Fieldwork is done solely by over 700 NBS Staff in all the States of the federation, supported by supervisors whom internal and external observers monitor.

Gas Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and outlets and the estimates reflect the weights derived from estimates of household expenditures on gas and the actual prices households bought different KG of gases.

The average prices are reported for each state and the country.

The NBS audit team subsequently conducts randomly selected verification of prices recorded.

EXECUTIVE SUMMARY

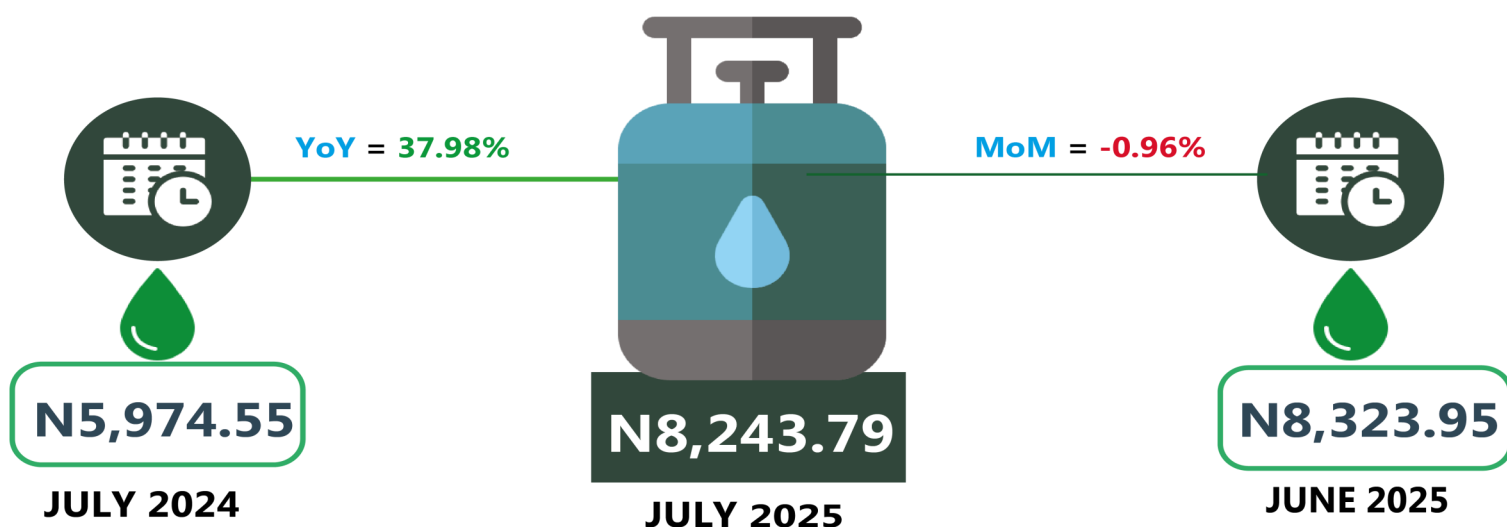
The average retail price for refilling a 5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) decreased by 0.96% on a month-on-month basis from N8,323.95 recorded in June 2025 to N8,243.79 in July 2025. On a year-on-year basis, this increased by 37.98% from N5,974.55 in July 2024. On state profile analysis, Adamawa recorded the highest average price for refilling a 5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with N9,011.36, followed by Rivers with N9,005.00 and Taraba with N8,945.43. On the other hand, Yobe recorded the lowest price with N7,612.00, followed by Niger and Nasarawa with N7,662.00 and N8,000.25 respectively. In addition, analysis by zone showed that the South-South recorded the highest average retail price for refilling a 5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with N8,511.26, followed by the South-East with N8,321.16 while the South-West recorded the lowest with N8,073.92.

Also, the average retail price for refilling a 12.5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) decreased by 1.91% on a month-on-month basis from N21,010.56 in June 2025 to N20,609.48 in July 2025. On a year-on-year basis, this rose by 44.51% from N14,261.57 in July 2024. On state profile analysis, Adamawa recorded the highest average retail price for the refilling of a 12.5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with N22,528.39 followed by Rivers with N22,512.49 and Taraba with N22,363.57. Conversely, the lowest average price was recorded in Yobe with N19,030.00, followed by Niger and Nasarawa with N19,154.99 and N20,000.62 respectively. Analysis by zone showed that the South-South recorded the highest average retail price for refilling a 12.5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with N21,278.14, followed by the South-East with N20,802.89 while the South-West recorded the lowest price with N20,184.79.

LIQUEFIED PETROLEUM GAS (COOKING GAS)

PRICE WATCH -JULY 2025

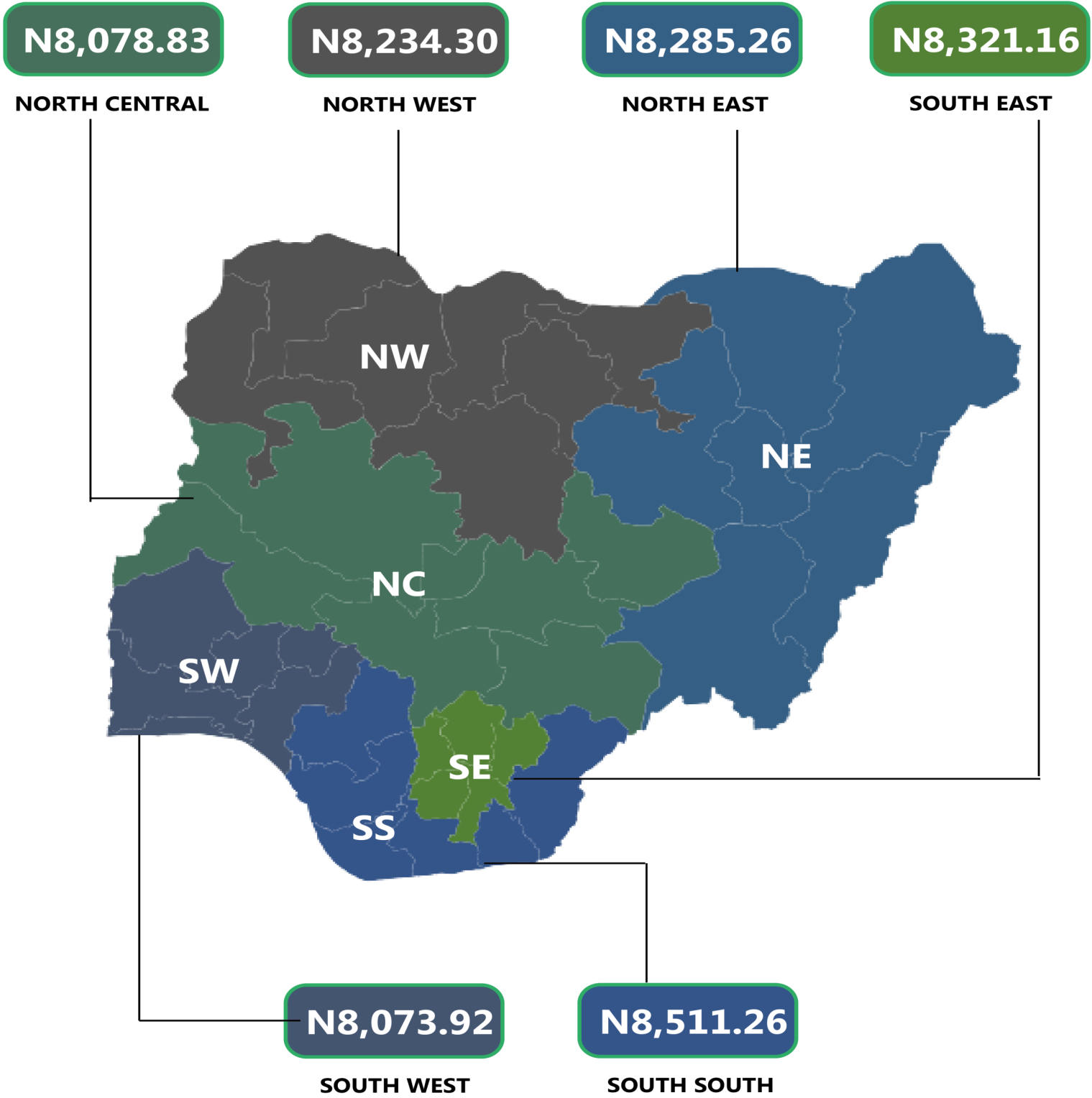
Average Cooking Gas Prices Across States – 5KG Refilling



STATES WITH THE HIGHEST AVERAGE PRICES		STATES WITH THE LOWEST AVERAGE PRICES	
ADAMAWA	N9,011.36	YOBE	N7,612.00
RIVERS	N9,005.00	NIGER	N7,662.00
TARABA	N8,945.43	NASARAWA	N8,000.25

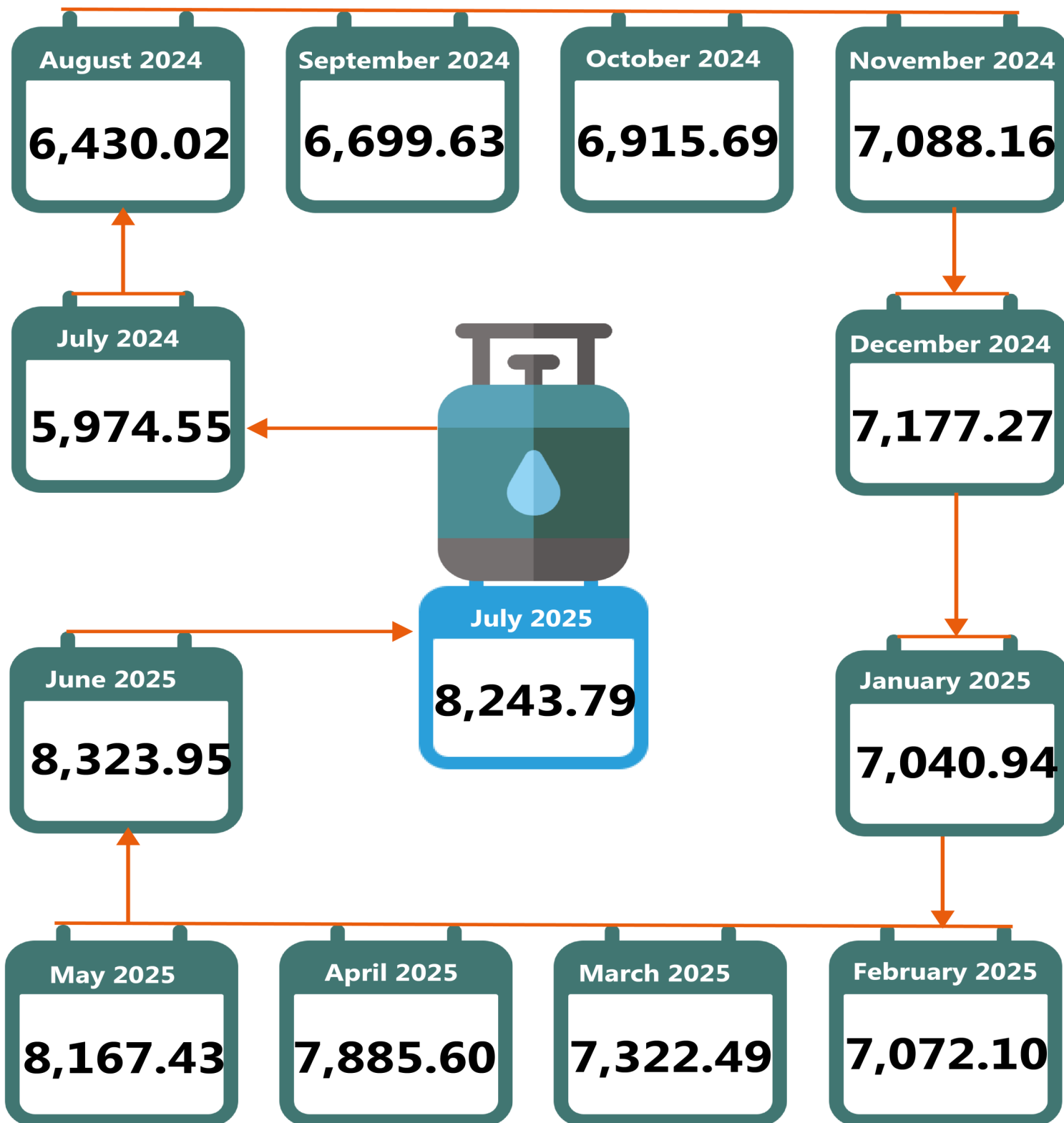
LIQUEFIED PETROLEUM GAS (COOKING GAS)
PRICE WATCH - JULY 2025

Average Cooking Gas Prices Across Zones – 5KG Refilling



LIQUEFIED PETROLEUM GAS (COOKING GAS) PRICE WATCH - JULY 2025

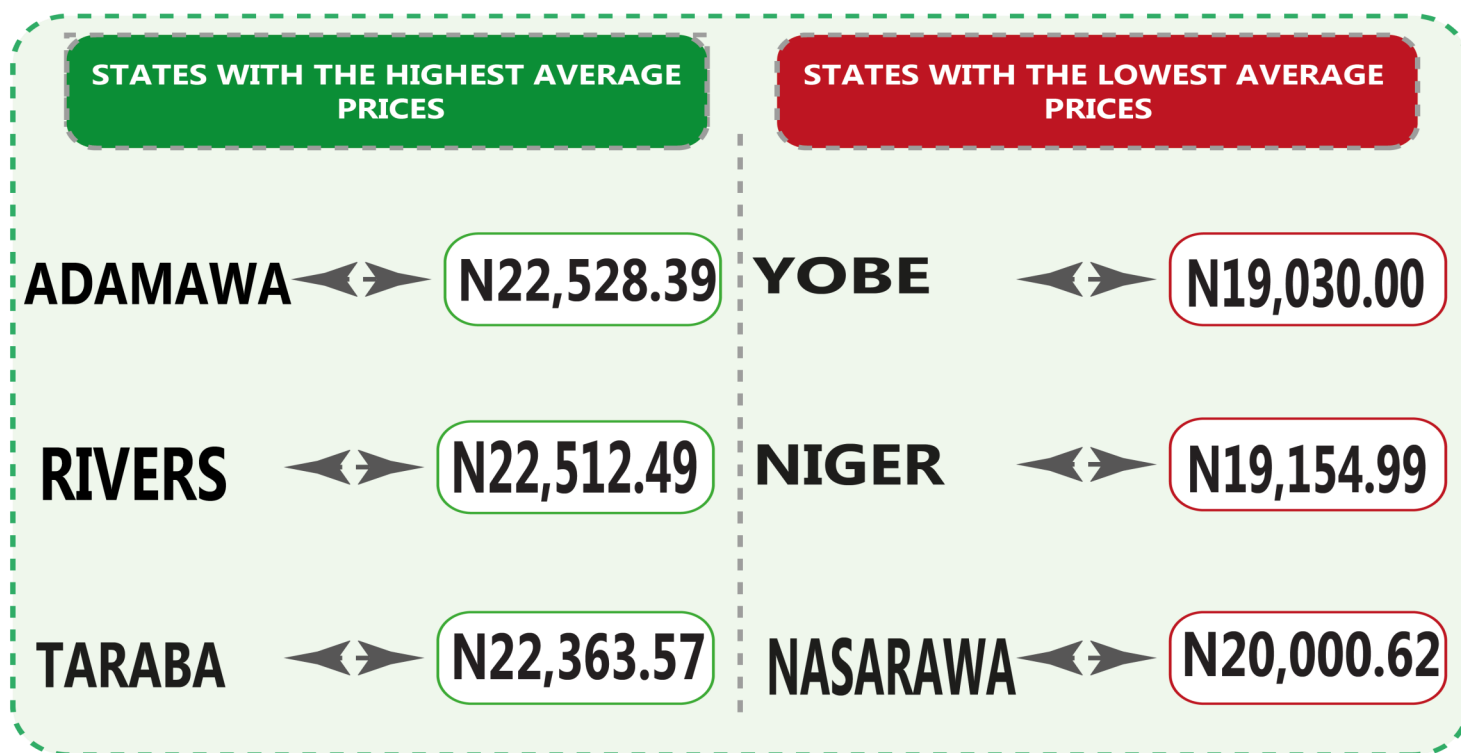
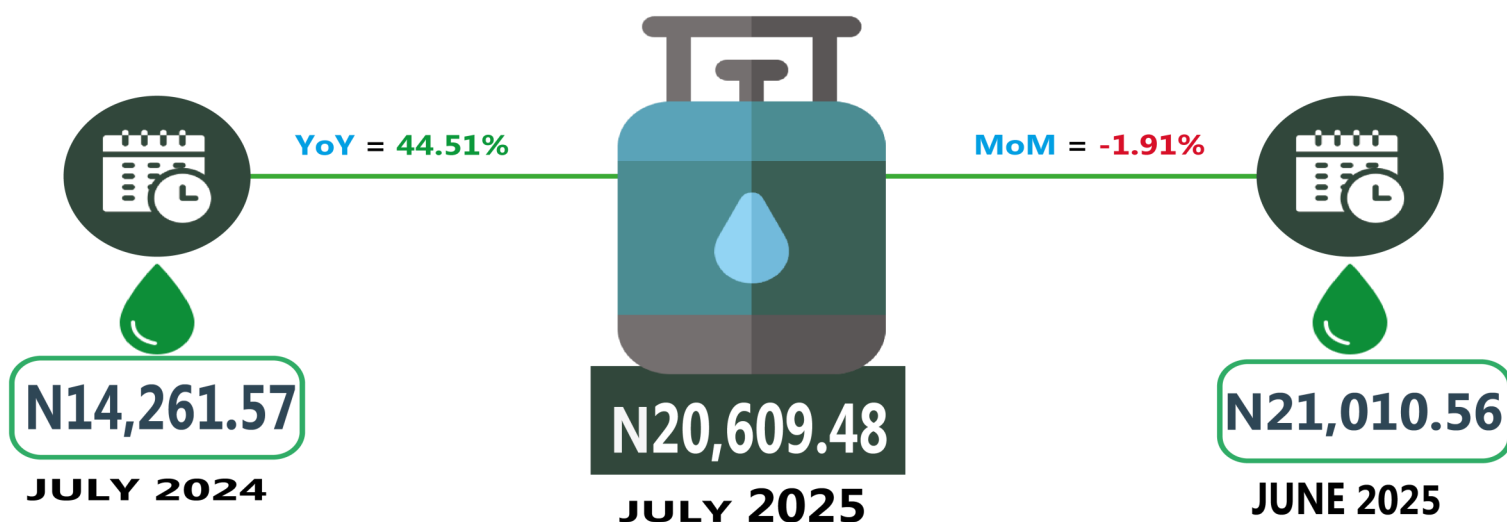
12 Month Average Prices– 5KG Refilling



LIQUEFIED PETROLEUM GAS (COOKING GAS)

PRICE WATCH -JULY 2025

Average Cooking Gas Prices Across States – 12.5KG Refilling



LIQUEFIED PETROLEUM GAS (COOKING GAS)

PRICE WATCH -JULY 2025

Average Cooking Gas Prices Across Zones – 12.5KG Refilling



N20,197.08

NORTH CENTRAL

N20,585.76

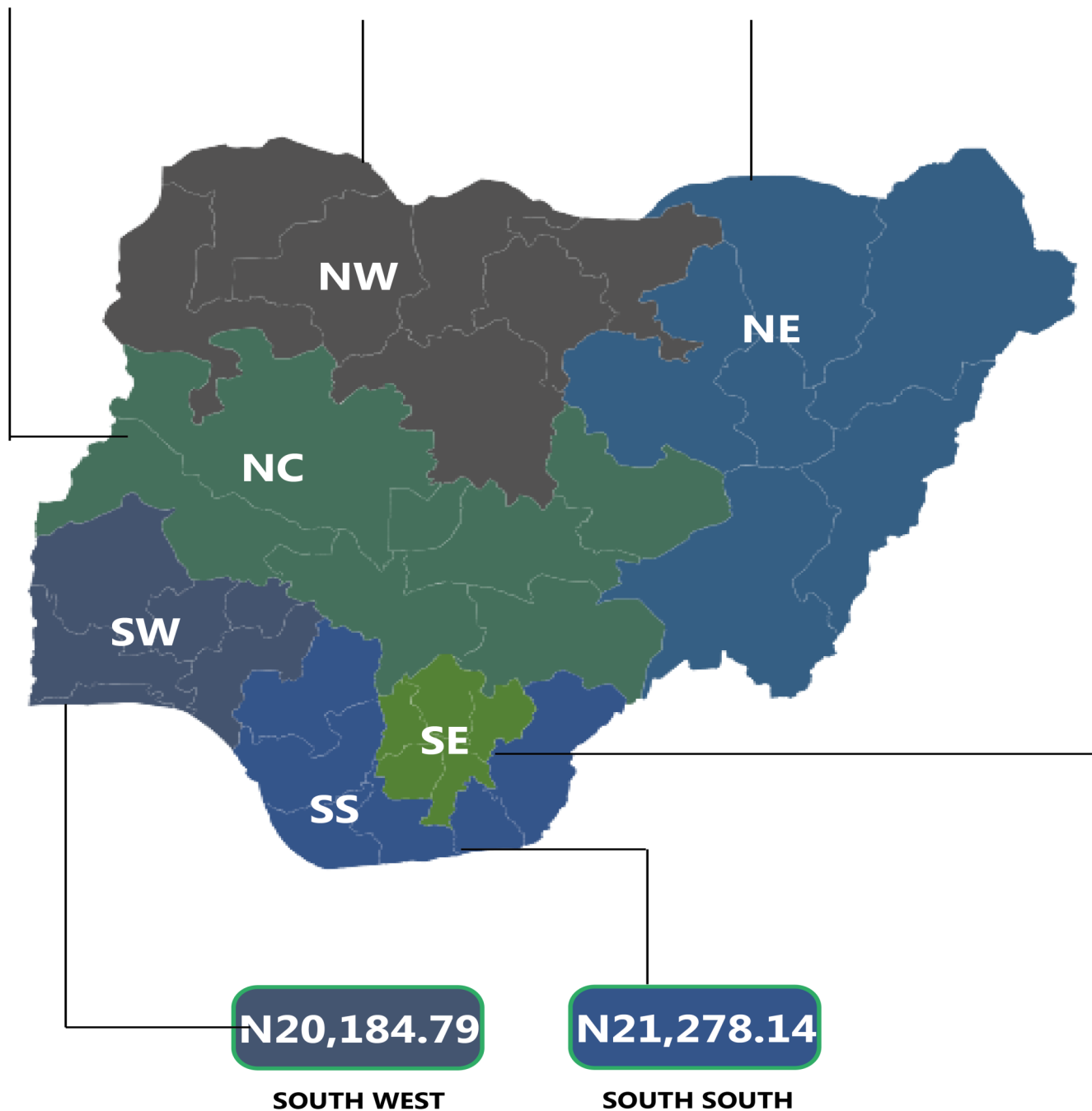
NORTH WEST

N20,713.16

NORTH EAST

N20,802.89

SOUTH EAST



N20,184.79

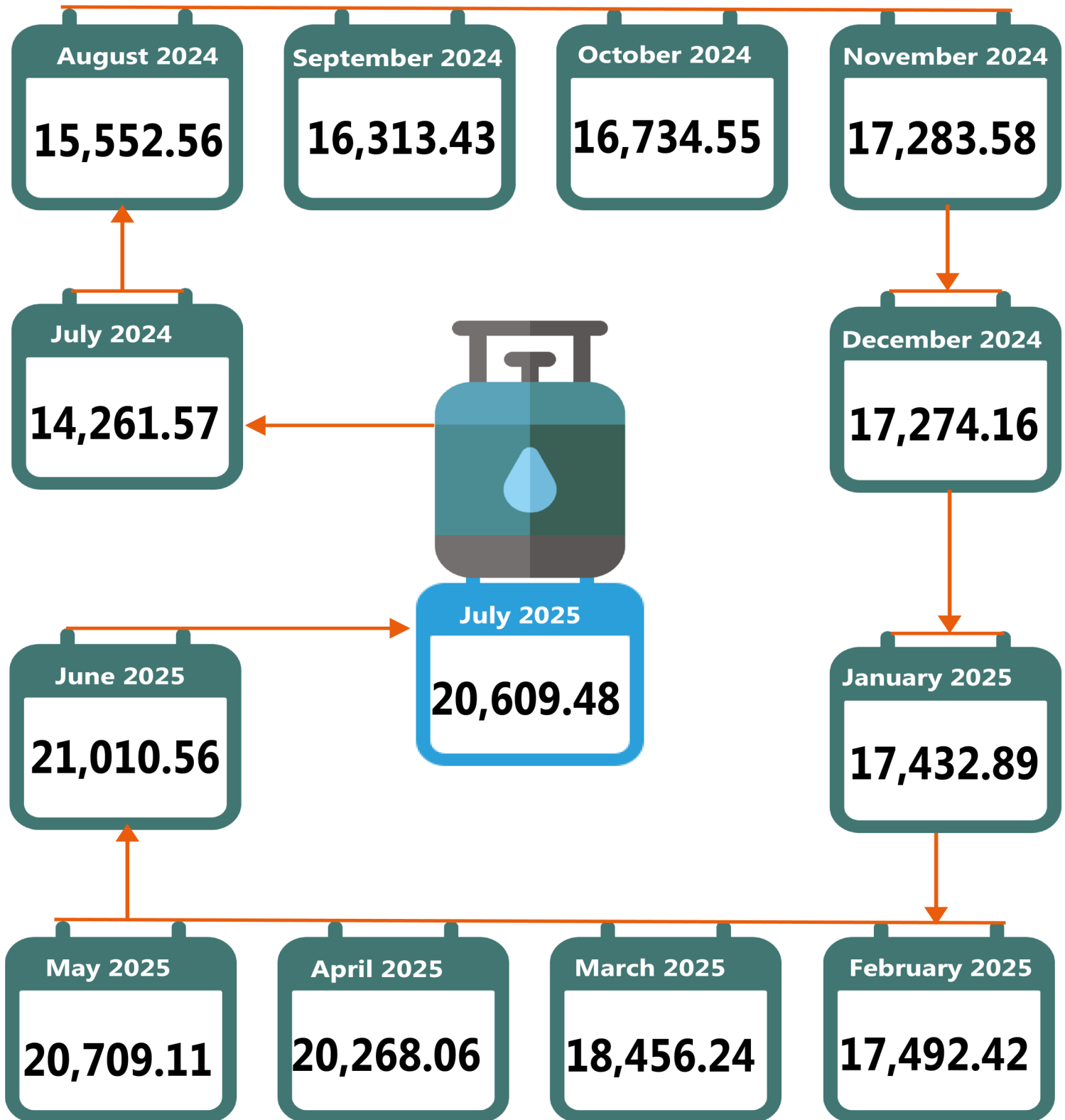
SOUTH WEST

N21,278.14

SOUTH SOUTH

LIQUEFIED PETROLEUM GAS (COOKING GAS) PRICE WATCH -JULY 2025

12 Month Average Prices– 12.5KG Refilling



APPENDIX

5KG						
	Average of Jul-24	Average of Jun-25	Average of Jul-25	MoM	YoY	
NORTH CENTRAL	6042.33	8072.91	8078.83		0.07	33.70
Abuja	5617.70	8120.86	8040.00		-1.00	43.12
Benue	6491.00	8431.78	8402.60		-0.35	29.45
Kogi	5560.63	8306.01	8222.01		-1.01	47.86
Kwara	5936.29	8378.58	8170.01		-2.49	37.63
Nasarawa	6277.98	8376.10	8000.25		-4.49	27.43
Niger	6165.31	7696.99	7662.00		-0.45	24.28
Plateau	6247.42	7200.00	8054.95		11.87	28.93
NORTH EAST	6446.53	8421.39	8285.26		-1.62	28.52
Adamawa	5870.00	9130.11	9011.36		-1.30	53.52
Bauchi	6395.00	8223.26	8045.18		-2.17	25.80
Borno	7088.59	8251.20	8046.33		-2.48	13.51
Gombe	6293.59	8320.01	8051.28		-3.23	27.93
Taraba	6096.53	9003.76	8945.43		-0.65	46.73
Yobe	6935.50	7600.00	7612.00		0.16	9.75
NORTH WEST	6014.54	8101.08	8234.30		1.64	36.91
Jigawa	6243.75	8010.38	8010.68		0.00	28.30
Kaduna	5602.00	8399.53	8264.74		-1.60	47.53
Kano	5787.50	8025.73	8770.33		9.28	51.54
Katsina	6194.44	8067.50	8020.09		-0.59	29.47
Kebbi	6092.86	8014.45	8008.43		-0.08	31.44
Sokoto	6750.00	8169.73	8137.78		-0.39	20.56
Zamfara	5431.25	8020.22	8428.08		5.09	55.18
SOUTH EAST	5773.82	8649.55	8321.16		-3.80	44.12
Abia	5824.56	8663.72	8400.00		-3.04	44.22
Anambra	5857.08	8622.16	8524.44		-1.13	45.54
Ebonyi	5814.02	9040.11	8508.75		-5.88	46.35
Enugu	5729.13	8276.61	8146.99		-1.57	42.20
Imo	5644.29	8645.14	8025.60		-7.17	42.19
SOUTH SOUTH	5654.04	8871.63	8511.26		-4.06	50.53
Akwa Ibom	5950.00	8389.66	8228.11		-1.93	38.29
Bayelsa	5572.22	9048.81	8905.58		-1.58	59.82
Cross River	5707.78	9193.16	8806.73		-4.20	54.29
Delta	5392.86	9243.38	8096.20		-12.41	50.13
Edo	5572.22	8166.28	8025.91		-1.72	44.03
Rivers	5729.17	9188.51	9005.00		-2.00	57.18
SOUTH WEST	5864.64	7960.42	8073.92		1.43	37.67
Ekiti	5828.13	8203.66	8116.72		-1.06	39.27
Lagos	6060.59	8007.71	8119.30		1.39	33.97
Ogun	6021.54	8176.86	8133.09		-0.54	35.07
Ondo	5800.00	8216.07	8047.43		-2.05	38.75
Osun	5682.14	8058.22	8020.33		-0.47	41.15
Oyo	5795.45	7100.00	8006.63		12.77	38.15
Average	5974.55	8323.95	8243.79		-0.96	37.98

12.5KG					
	Average of Jul-24	Average of Jun-25	Average of Jul-25	MoM	YoY
NORTH CENTRAL	13611.68	20491.80	20197.08	-1.44	48.38
Abuja	13580.00	20302.16	20100.00	-1.00	48.01
Benue	13847.50	21079.46	21006.51	-0.35	51.70
Kogi	13622.38	20765.03	20555.02	-1.01	50.89
Kwara	13314.47	20946.46	20425.02	-2.49	53.40
Nasarawa	13413.81	20940.26	20000.62	-4.49	49.10
Niger	13828.63	19242.48	19154.99	-0.45	38.52
Plateau	13675.00	20166.78	20137.37	-0.15	47.26
NORTH EAST	15075.16	21053.48	20713.16	-1.62	37.40
Adamawa	13632.56	22825.28	22528.39	-1.30	65.25
Bauchi	14375.00	20558.15	20112.95	-2.17	39.92
Borno	15122.86	20628.00	20115.83	-2.48	33.02
Gombe	15872.22	20800.03	20128.19	-3.23	26.81
Taraba	15625.00	22509.40	22363.57	-0.65	43.13
Yobe	15823.32	19000.00	19030.00	0.16	20.27
NORTH WEST	14454.86	20574.12	20585.76	0.06	42.41
Jigawa	15400.00	20025.94	20026.69	0.00	30.04
Kaduna	14311.11	20998.81	20661.86	-1.60	44.38
Kano	14418.18	20064.31	21925.83	9.28	52.07
Katsina	14505.56	20168.76	20050.22	-0.59	38.22
Taraba	14111.67	20036.12	20021.08	-0.08	41.88
Sokoto	14375.00	20424.34	20344.44	-0.39	41.53
Zamfara	14062.50	22300.56	21070.20	-5.52	49.83
SOUTH EAST	13838.00	21623.86	20802.89	-3.80	50.33
Abia	13981.25	21659.30	21000.00	-3.04	50.20
Anambra	14011.36	21555.41	21311.09	-1.13	52.10
Ebonyi	14177.92	22600.26	21271.86	-5.88	50.04
Enugu	13411.39	20691.52	20367.48	-1.57	51.87
Imo	13608.09	21612.84	20064.01	-7.17	47.44
SOUTH SOUTH	14294.62	22179.08	21278.14	-4.06	48.85
Akwa Ibom	14875.00	20974.16	20570.28	-1.93	38.29
Bayelsa	14337.50	22622.02	22263.95	-1.58	55.28
Cross River	14555.63	22982.89	22016.84	-4.20	51.26
Delta	13795.00	23108.44	20240.51	-12.41	46.72
Edo	13971.67	20415.69	20064.79	-1.72	43.61
Rivers	14232.92	22971.27	22512.49	-2.00	58.17
SOUTH WEST	14300.58	20402.42	20184.79	-1.07	41.15
Ekiti	14379.69	20509.16	20291.79	-1.06	41.11
Lagos	14408.33	20719.27	20298.25	-2.03	40.88
Ogun	14850.00	20442.14	20332.73	-0.54	36.92
Ondo	14132.14	20540.17	20118.57	-2.05	42.36
Osun	13729.17	20145.54	20050.81	-0.47	46.05
Oyo	14304.17	20058.22	20016.59	-0.21	39.94
Average	14261.57	21010.56	20609.48	-1.91	44.51

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