



NATIONAL BUREAU OF STATISTICS

Liquefied Petroleum Gas (Cooking Gas) Price Watch

(NOVEMBER 2025)

Report Date: January 2026

Data Source: National Bureau of Statistics (NBS)

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METHODOLOGY

Fieldwork is done solely by over 700 NBS Staff in all the States of the federation, supported by supervisors whom internal and external observers monitor.

Gas Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and outlets and the estimates reflect the weights derived from estimates of household expenditures on gas and the actual prices households bought different KG of gases.

The average prices are reported for each state and the country.

The NBS audit team subsequently conducts randomly selected verification of prices recorded.

EXECUTIVE SUMMARY

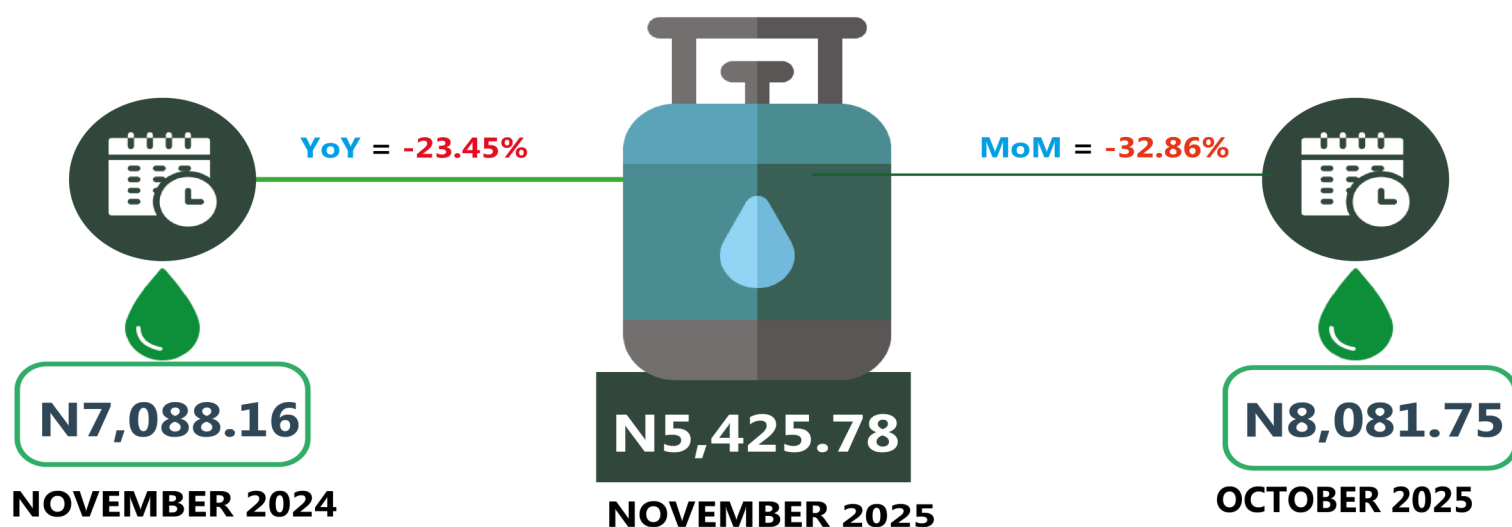
The average retail price for refilling a 5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) decreased by 32.86% on a month-on-month basis from ₦8,081.75 recorded in October 2025 to ₦5,425.78 in November 2025. On a year-on-year basis, this decreased by 23.45% from ₦7,088.16 in November 2024. On state profile analysis, Jigawa recorded the highest average price for refilling a 5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with ₦5,863.72, followed by Osun with ₦5,811.99 and Delta with ₦5,783.96. On the other hand, Edo recorded the lowest price with ₦5,014.43, followed by Katsina and Bauchi with ₦5,027.86 and ₦5,043.45 respectively. In addition, analysis by zone showed that the North-Central recorded the highest average retail price for refilling a 5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with ₦5,506.89, followed by the North-West with ₦5,482.42 while the North-East recorded the lowest with ₦5,270.50.

Also, the average retail price for refilling a 12.5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) decreased by 27.35% on a month-on-month basis from ₦18,636.77 in October 2025 to ₦13,538.79 in November 2025. On a year-on-year basis, this dropped by 21.67% from ₦17,283.58 in November 2024. On state profile analysis, Ondo recorded the highest average retail price for the refilling of a 12.5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with ₦14,989.92 followed by Jigawa with ₦14,659.31 and Osun with ₦14,529.97. Conversely, the lowest average price was recorded in Gombe with ₦12,175.09, followed by Katsina and Edo with ₦12,319.66 and ₦12,536.07 respectively. Analysis by zone showed that the South-West recorded the highest average retail price for refilling a 12.5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with ₦13,897.88, followed by the North-Central with ₦13,702.93 while the North-East recorded the lowest price with ₦13,092.91.

LIQUEFIED PETROLEUM GAS (COOKING GAS)

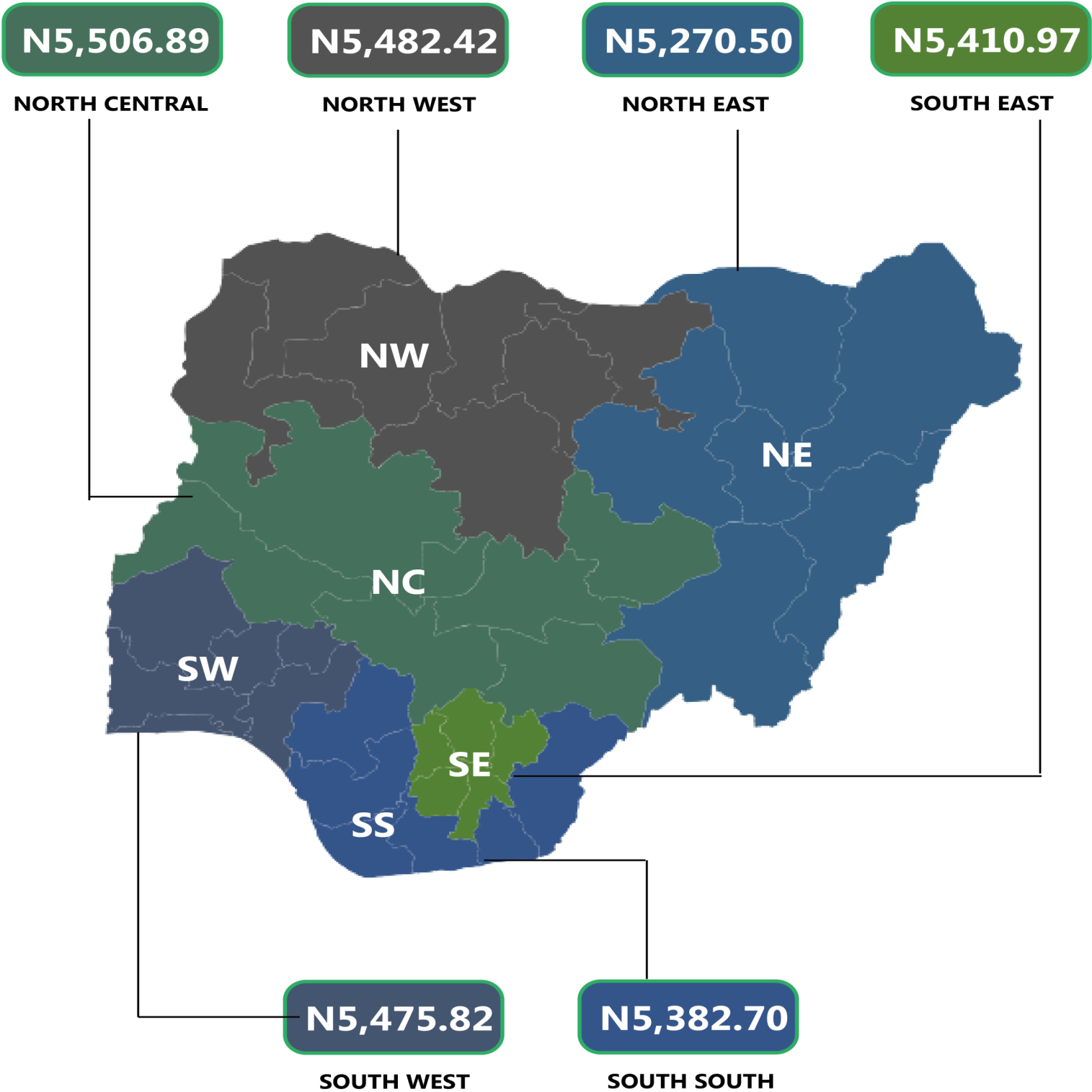
PRICE WATCH - NOVEMBER 2025

Average Cooking Gas Prices Across States – 5KG Refilling

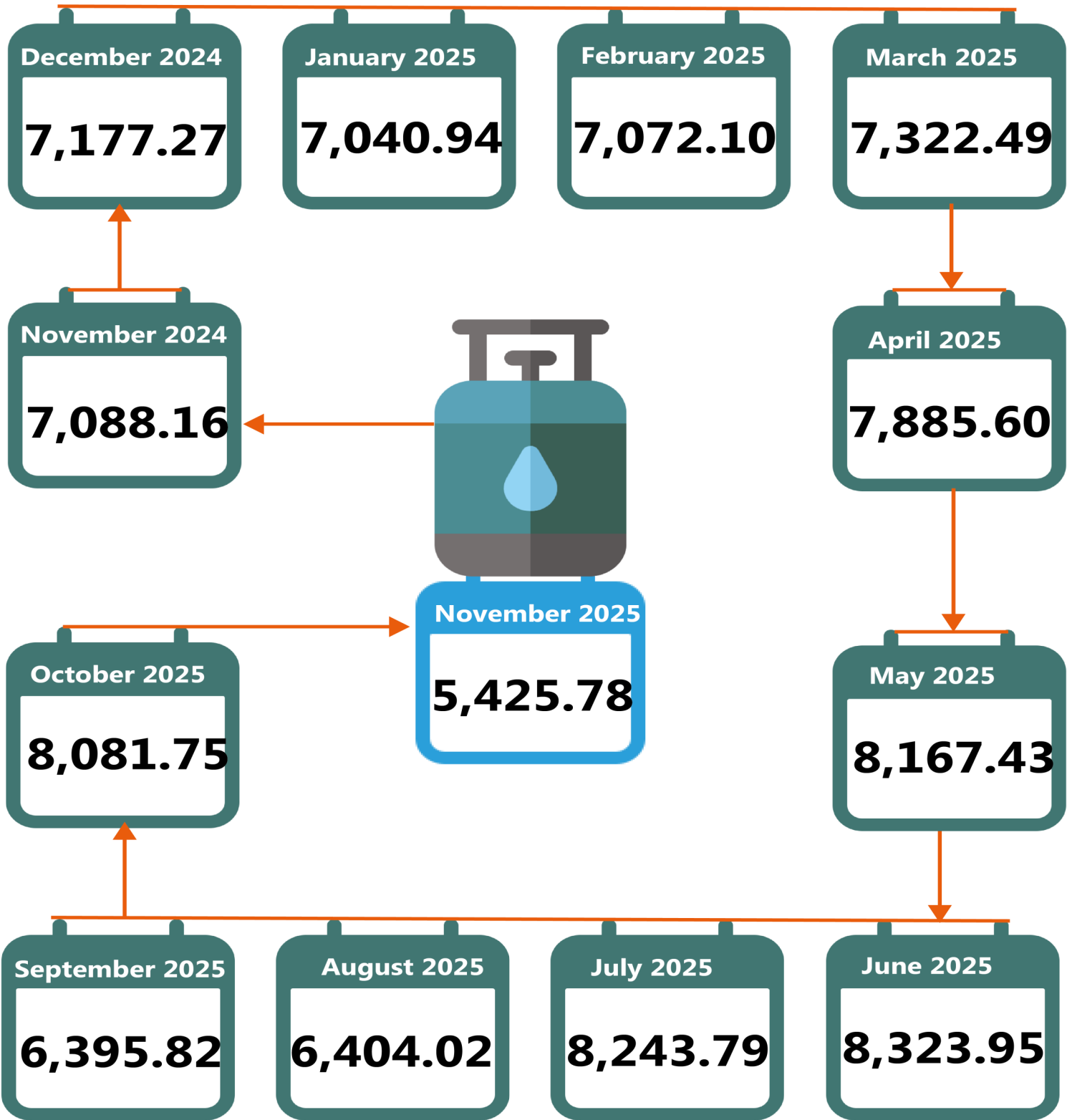


STATES WITH THE HIGHEST AVERAGE PRICES		STATES WITH THE LOWEST AVERAGE PRICES	
JIGAWA	N5,863.72	EDO	N5,014.43
OSUN	N5,811.99	KATSINA	N5,027.86
DELTA	N5,783.96	BAUCHI	N5,043.45

LIQUEFIED PETROLEUM GAS (COOKING GAS)
PRICE WATCH - NOVEMBER 2025
Average Cooking Gas Prices Across Zones – 5KG Refilling



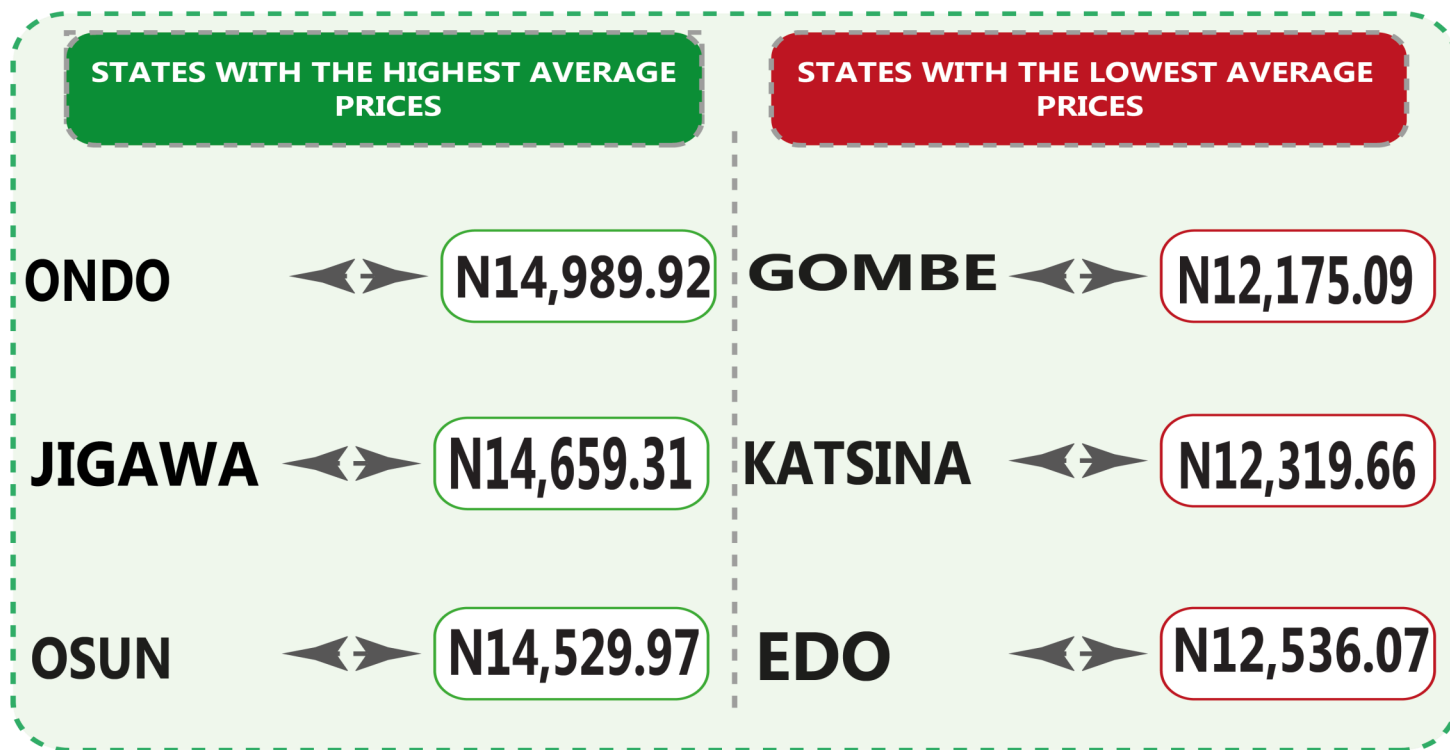
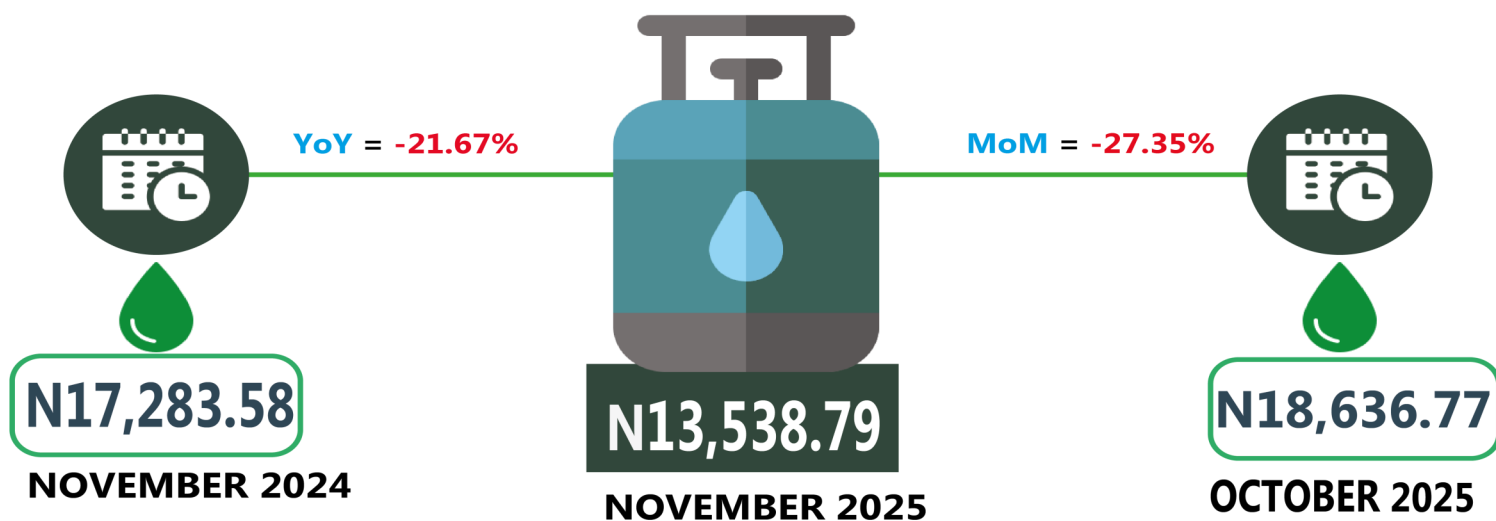
LIQUEFIED PETROLEUM GAS (COOKING GAS)
PRICE WATCH - NOVEMBER 2025
12 Month Average Prices– 5KG Refilling



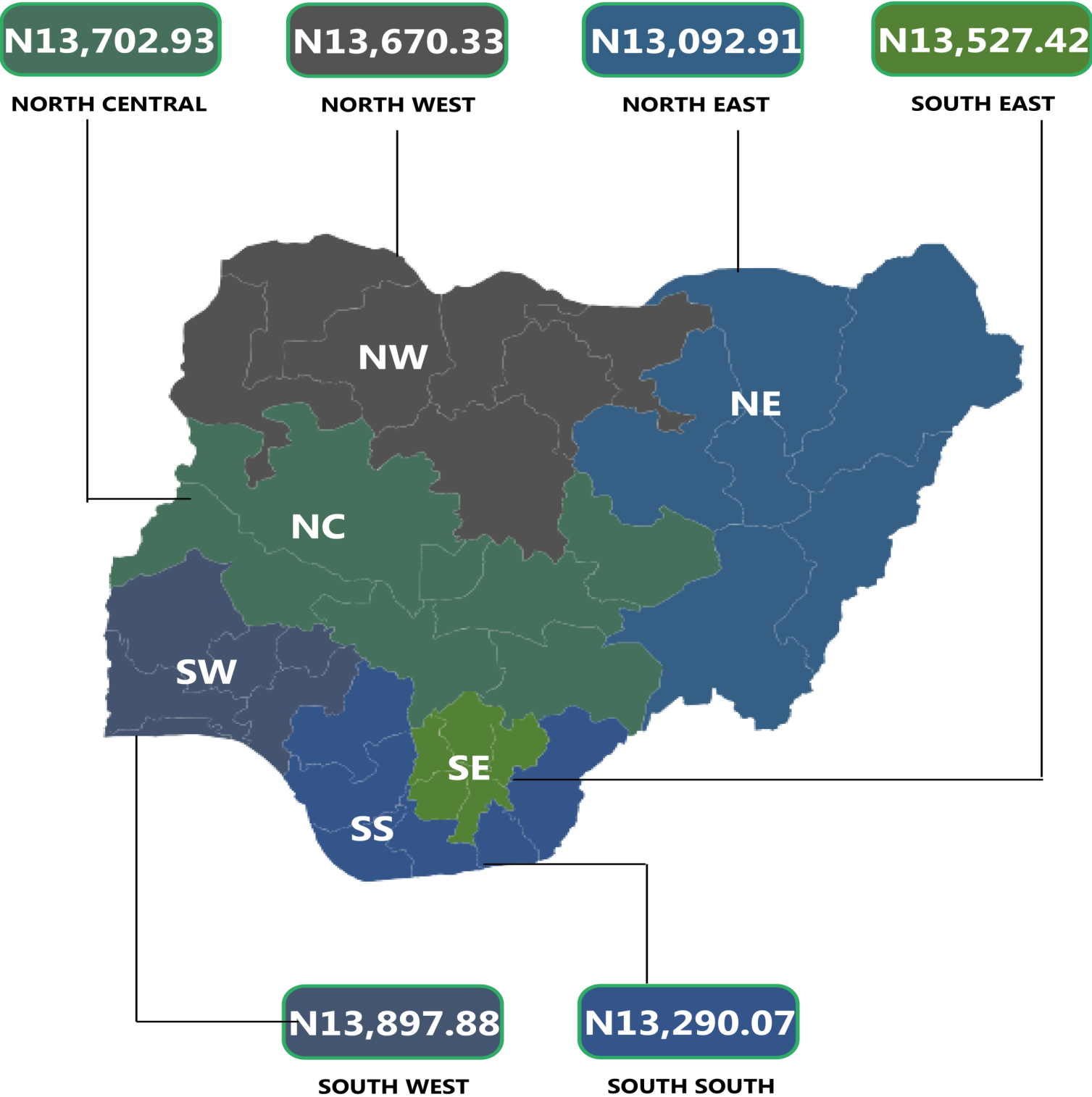
LIQUEFIED PETROLEUM GAS (COOKING GAS)

PRICE WATCH - NOVEMBER 2025

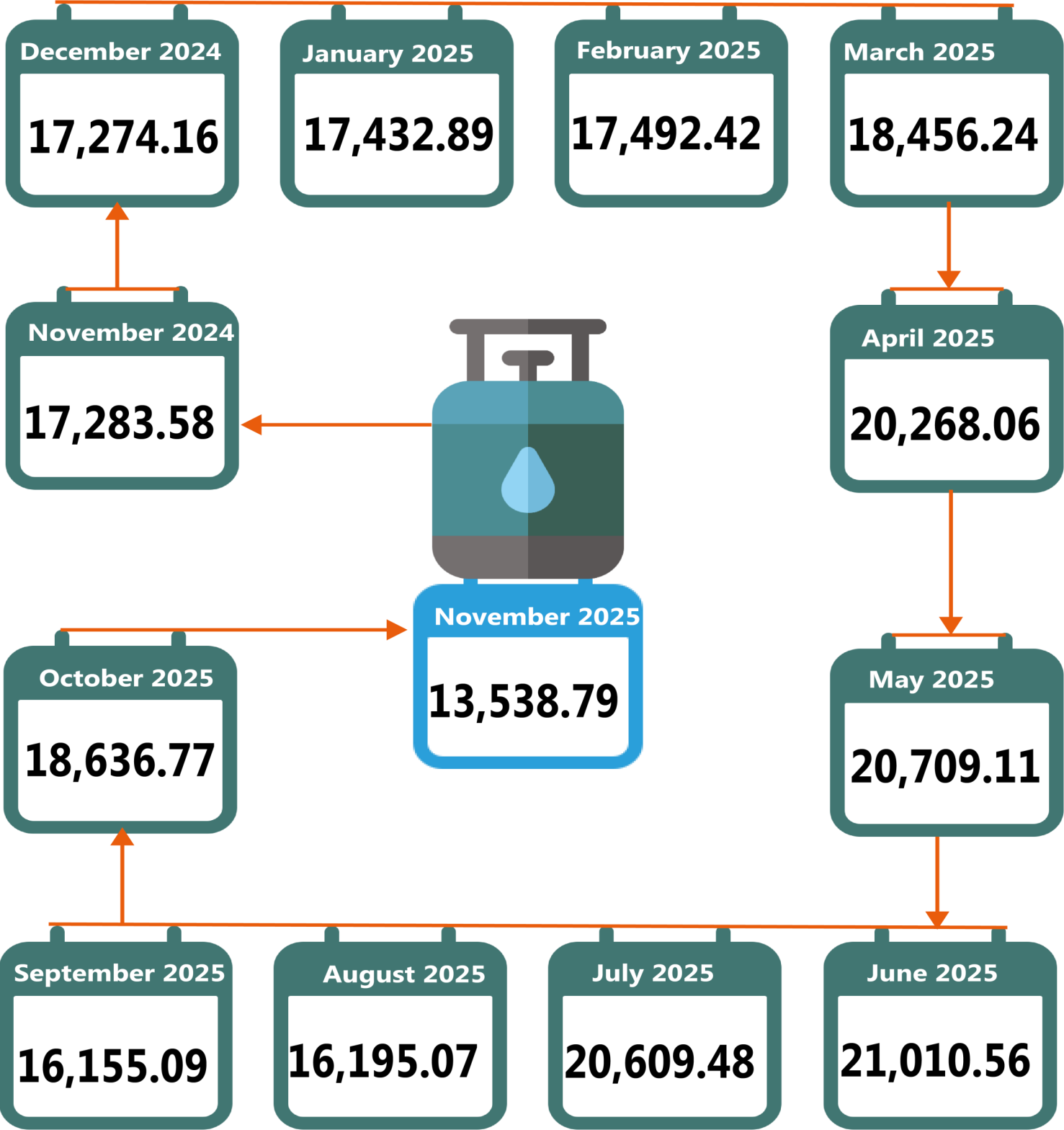
Average Cooking Gas Prices Across States – 12.5KG Refilling



LIQUEFIED PETROLEUM GAS (COOKING GAS)
PRICE WATCH - NOVEMBER 2025
Average Cooking Gas Prices Across Zones – 12.5KG Refilling



LIQUEFIED PETROLEUM GAS (COOKING GAS)
PRICE WATCH - NOVEMBER 2025
12 Month Average Prices– 12.5KG Refilling



APPENDIX

5KG					
	Average of Nov-24	Average of Oct-25	Average of Nov-25	MoM	YoY
NORTH CENTRAL	7079.31	8153.21	5506.89	-32.46	-22.21
Abuja	6749.00	7966.82	5301.99	-33.45	-21.44
Benue	8000.00	8291.06	5631.52	-32.08	-29.61
Kogi	6898.57	8157.68	5487.55	-32.73	-20.45
Kwara	7192.19	8062.04	5539.90	-31.28	-22.97
Nasarawa	6959.42	8150.70	5378.61	-34.01	-22.71
Niger	6792.43	8263.38	5693.17	-31.10	-16.18
Plateau	6963.56	8180.82	5515.48	-32.58	-20.80
NORTH EAST	7251.64	8054.56	5270.50	-34.57	-27.32
Adamawa	6452.50	8190.31	5563.54	-32.07	-13.78
Bauchi	7500.00	7051.54	5043.45	-28.48	-32.75
Borno	7491.67	8376.44	5351.59	-36.11	-28.57
Gombe	6939.14	8104.38	5070.03	-37.44	-26.94
Taraba	7444.80	8246.70	5313.39	-35.57	-28.63
Yobe	7681.73	8357.98	5280.98	-36.82	-31.25
NORTH WEST	6996.13	8188.55	5482.42	-33.05	-21.64
Jigawa	7212.50	8253.93	5863.72	-28.96	-18.70
Kaduna	7090.63	8227.88	5776.31	-29.80	-18.54
Kano	7165.00	8075.78	5580.19	-30.90	-22.12
Katsina	6416.67	8071.77	5027.86	-37.71	-21.64
Kebbi	7071.43	8261.91	5517.35	-33.22	-21.98
Sokoto	6916.67	8266.60	5075.01	-38.61	-26.63
Zamfara	7100.00	8161.95	5536.47	-32.17	-22.02
SOUTH EAST	7200.82	7975.34	5410.97	-32.15	-24.86
Abia	7060.00	8161.80	5752.52	-29.52	-18.52
Anambra	7146.15	7807.59	5272.39	-32.47	-26.22
Ebonyi	7321.43	7744.99	5263.53	-32.04	-28.11
Enugu	7226.54	8131.23	5715.63	-29.71	-20.91
Imo	7250.00	8031.08	5050.75	-37.11	-30.33
SOUTH SOUTH	6923.88	7956.61	5382.70	-32.35	-22.26
Akwa Ibom	6775.00	7806.31	5681.35	-27.22	-16.14
Bayelsa	6554.64	7978.39	5095.16	-36.14	-22.27
Cross River	6979.69	8008.54	5091.00	-36.43	-27.06
Delta	6614.29	7965.80	5783.96	-27.39	-12.55
Edo	7107.14	7835.28	5014.43	-36.00	-29.45
Rivers	7512.50	8145.35	5630.27	-30.88	-25.05
SOUTH WEST	7112.76	8114.82	5475.82	-32.52	-23.01
Ekiti	6772.92	7849.48	5451.57	-30.55	-19.51
Lagos	7491.25	8061.79	5287.81	-34.41	-29.41
Ogun	7175.00	8157.56	5403.41	-33.76	-24.69
Ondo	6831.82	8340.30	5495.97	-34.10	-19.55
Osun	7405.56	8187.87	5811.99	-29.02	-21.52
Oyo	7000.00	8091.90	5404.15	-33.22	-22.80
Average	7088.16	8081.75	5425.78	-32.86	-23.45

12.5KG					
	Average of Nov-24	Average of Oct-25	Average of Nov-25	MoM	YoY
NORTH CEN-TRAL	17333.09	18762.06	13702.93	-26.96	-20.94
Abuja	16775.00	18236.42	12804.97	-29.78	-23.67
Benue	20588.50	19150.80	14078.80	-26.48	-31.62
Kogi	17067.14	18774.65	13718.87	-26.93	-19.62
Kwara	16883.98	18504.94	13849.74	-25.16	-17.97
Nasarawa	16852.89	18754.96	13446.53	-28.30	-20.21
Niger	16405.75	19072.75	14232.93	-25.38	-13.24
Plateau	16758.39	18839.90	13788.69	-26.81	-17.72
NORTH EAST	17143.60	18953.86	13092.91	-30.92	-23.63
Adamawa	15716.40	18866.68	13908.84	-26.28	-11.50
Bauchi	17500.00	18475.36	12608.63	-31.75	-27.95
Borno	16683.29	19391.57	13378.98	-31.01	-19.81
Gombe	17053.57	18624.36	12175.09	-34.63	-28.61
Taraba	17908.33	19025.68	13283.48	-30.18	-25.83
Yobe	18000.00	19339.51	13202.44	-31.73	-26.65
NORTH WEST	16855.95	18861.70	13670.33	-27.52	-18.90
Jigawa	17535.71	19046.09	14659.31	-23.03	-16.40
Kaduna	16891.25	18972.63	14440.79	-23.89	-14.51
Kano	17277.78	18543.71	13950.48	-24.77	-19.26
Katsina	15750.00	18532.39	12319.66	-33.52	-21.78
Taraba	16228.57	19068.58	13793.38	-27.66	-15.01
Sokoto	17100.00	19081.81	12687.54	-33.51	-25.80
Zamfara	17208.33	18786.70	13841.18	-26.32	-19.57
SOUTH EAST	17742.08	18260.46	13527.42	-25.92	-23.76
Abia	17583.33	18786.27	14381.31	-23.45	-18.21
Anambra	17517.86	17787.41	13180.98	-25.90	-24.76
Ebonyi	17862.50	17610.88	13158.83	-25.28	-26.33
Enugu	17957.69	18700.08	14289.08	-23.59	-20.43
Imo	17789.00	18417.64	12626.88	-31.44	-29.02
SOUTH SOUTH	17392.22	18207.65	13290.07	-27.01	-23.59
Akwa Ibom	17116.00	17783.79	14203.38	-20.13	-17.02
Bayelsa	16833.04	18269.07	12737.91	-30.28	-24.33
Cross River	17631.70	18354.07	12727.50	-30.66	-27.81
Delta	16410.71	18233.56	14459.91	-20.70	-11.89
Edo	17735.71	17865.49	12536.07	-29.83	-29.32
Rivers	18626.14	18739.88	13075.67	-30.23	-29.80
SOUTH WEST	17373.99	18653.78	13897.88	-25.50	-20.01
Ekiti	16730.60	17905.54	13628.93	-23.88	-18.54
Lagos	17818.18	18504.24	13219.54	-28.56	-25.81
Ogun	17611.11	18774.32	13508.52	-28.05	-23.30
Ondo	16306.25	19289.65	14989.92	-22.29	-8.07
Osun	18347.22	18859.79	14529.97	-22.96	-20.81
Oyo	17430.56	18589.15	13510.39	-27.32	-22.49
Average	17283.58	18636.77	13538.79	-27.35	-21.67

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