



NATIONAL BUREAU OF STATISTICS

Liquefied Petroleum Gas (Cooking Gas) Price Watch

(JANUARY 2026)

Report Date: February 2026

Data Source: National Bureau of Statistics (NBS)

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METHODOLOGY

Fieldwork is done solely by over 700 NBS Staff in all the States of the federation, supported by supervisors whom internal and external observers monitor.

Gas Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and outlets and the estimates reflect the weights derived from estimates of household expenditures on gas and the actual prices households bought different KG of gases.

The average prices are reported for each state and the country.

The NBS audit team subsequently conducts randomly selected verification of prices recorded.

EXECUTIVE SUMMARY

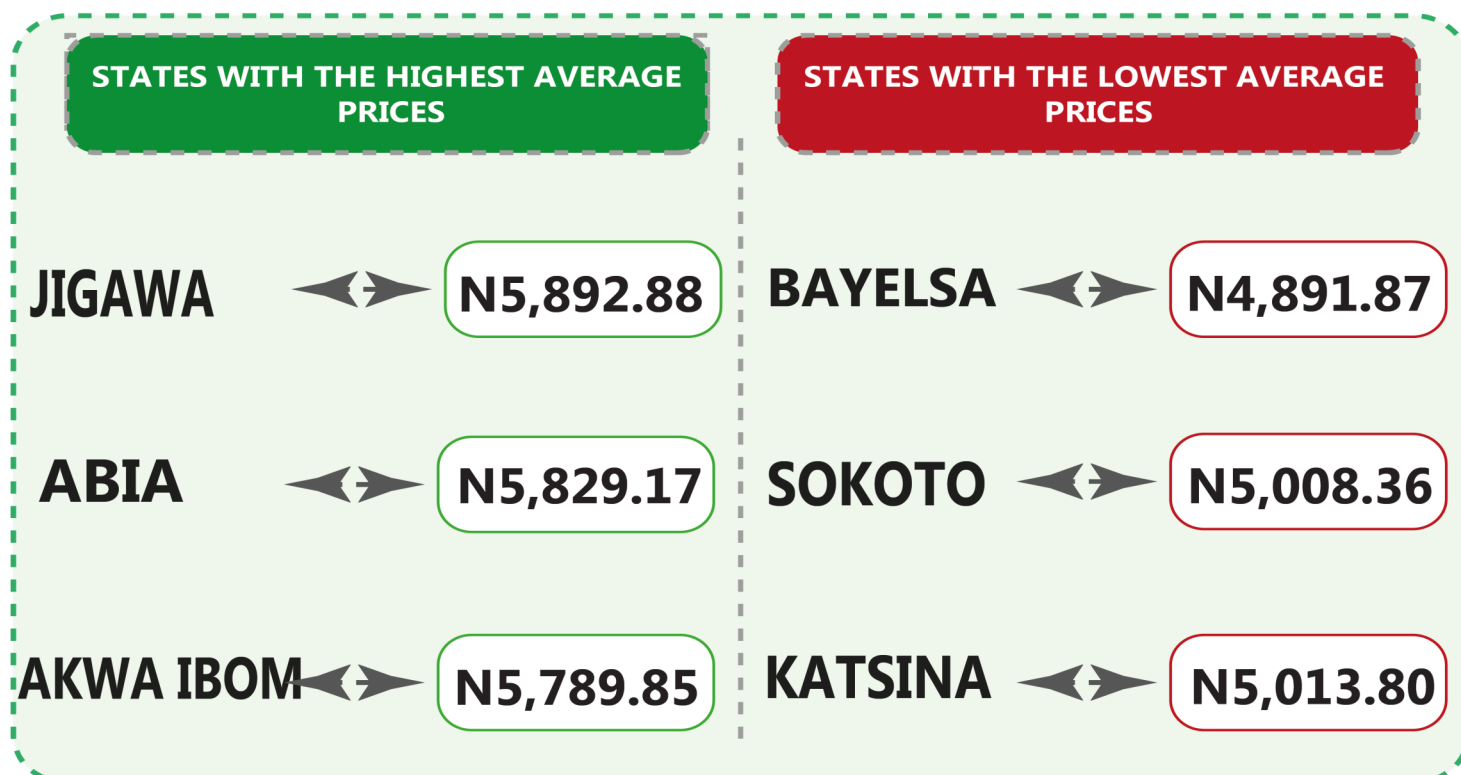
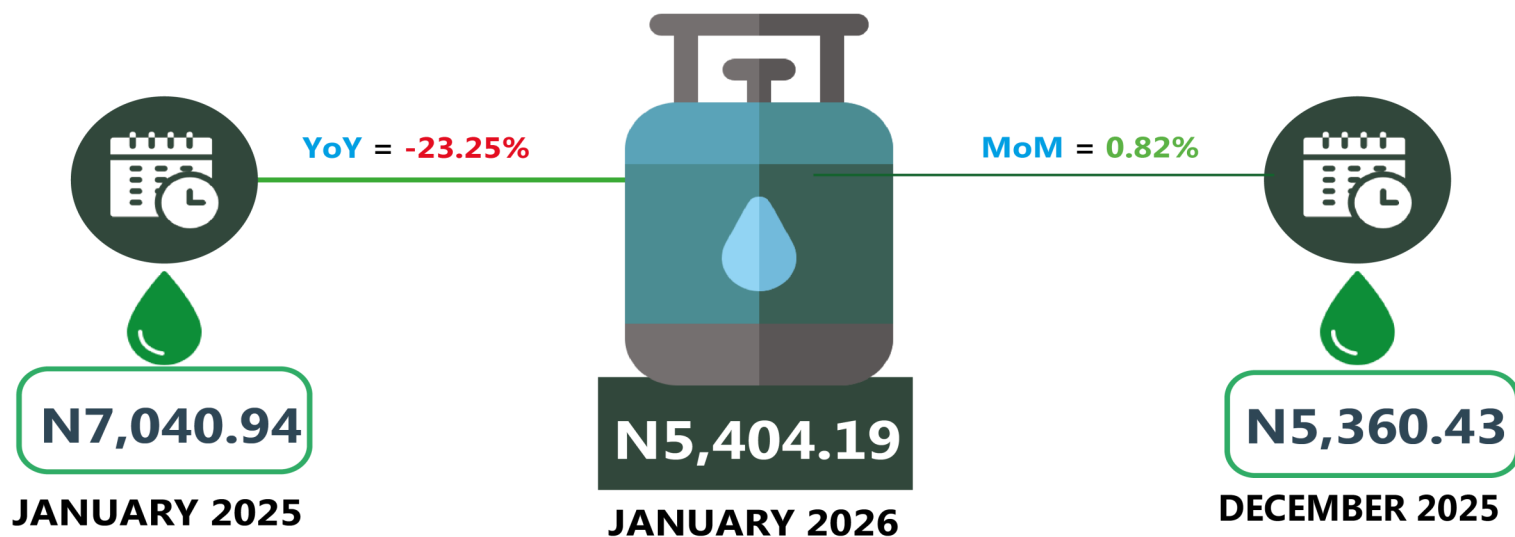
The average retail price for refilling a 5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) increased by 0.82% on a month-on-month basis from ₦5,360.43 recorded in December 2025 to ₦5,404.19 in January 2026. On a year-on-year basis, this decreased by 23.25% from ₦7,040.94 in January 2025. On state profile analysis, Jigawa recorded the highest average price for refilling a 5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with ₦5,892.88, followed by Abia with ₦5,829.17 and Akwa Ibom with ₦5,789.85. On the other hand, Bayelsa recorded the lowest price with ₦4,891.87, followed by Sokoto and Katsina with ₦5,008.36 and ₦5,013.80 respectively. In addition, analysis by zone showed that the South East recorded the highest average retail price for refilling a 5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with ₦5,501.95, followed by the South West with ₦5,489.73 while the North East recorded the lowest with ₦5,319.42.

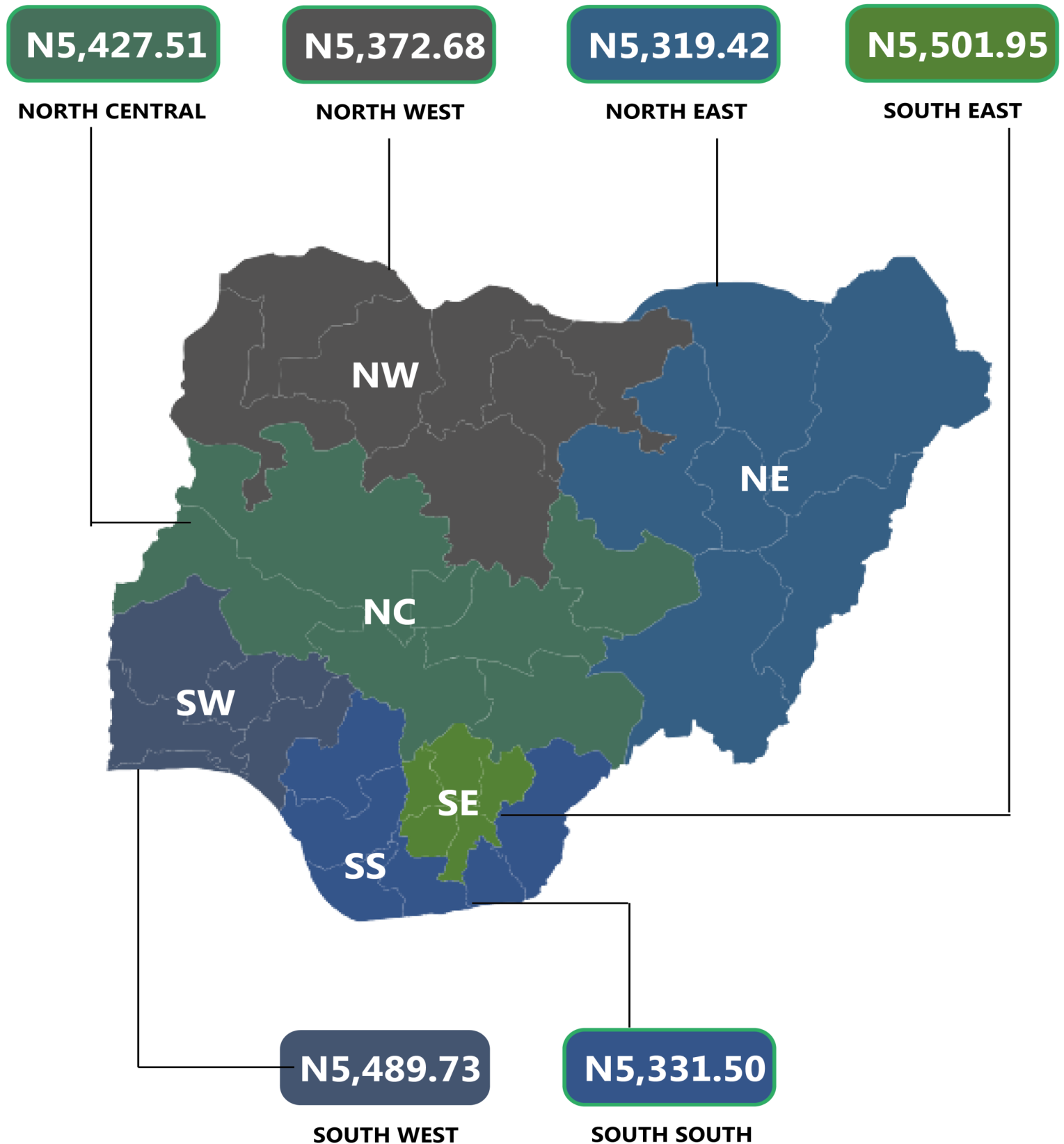
Also, the average retail price for refilling a 12.5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) increased by 0.83% on a month-on-month basis from ₦13,438.90 in December 2025 to ₦13,551.01 in January 2026. On a year-on-year basis, this dropped by 22.27% from ₦17,432.89 in January 2025. On state profile analysis, Jigawa recorded the highest average retail price for the refilling of a 12.5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with ₦14,732.19, followed by Abia with ₦14,572.94 and Akwa Ibom with ₦14,474.62. Conversely, the lowest average price was recorded in Bayelsa with ₦12,229.66, followed by Bauchi and Sokoto with ₦12,385.00 and ₦12,520.90 respectively. Analysis by zone showed that the South West recorded the highest average retail price for refilling a 12.5kg Cylinder of Liquefied Petroleum Gas (Cooking Gas) with ₦13,807.65, followed by the South East with ₦13,754.87 while the North East recorded the lowest price with ₦13,256.87.

LIQUEFIED PETROLEUM GAS (COOKING GAS)

PRICE WATCH - JANUARY 2026

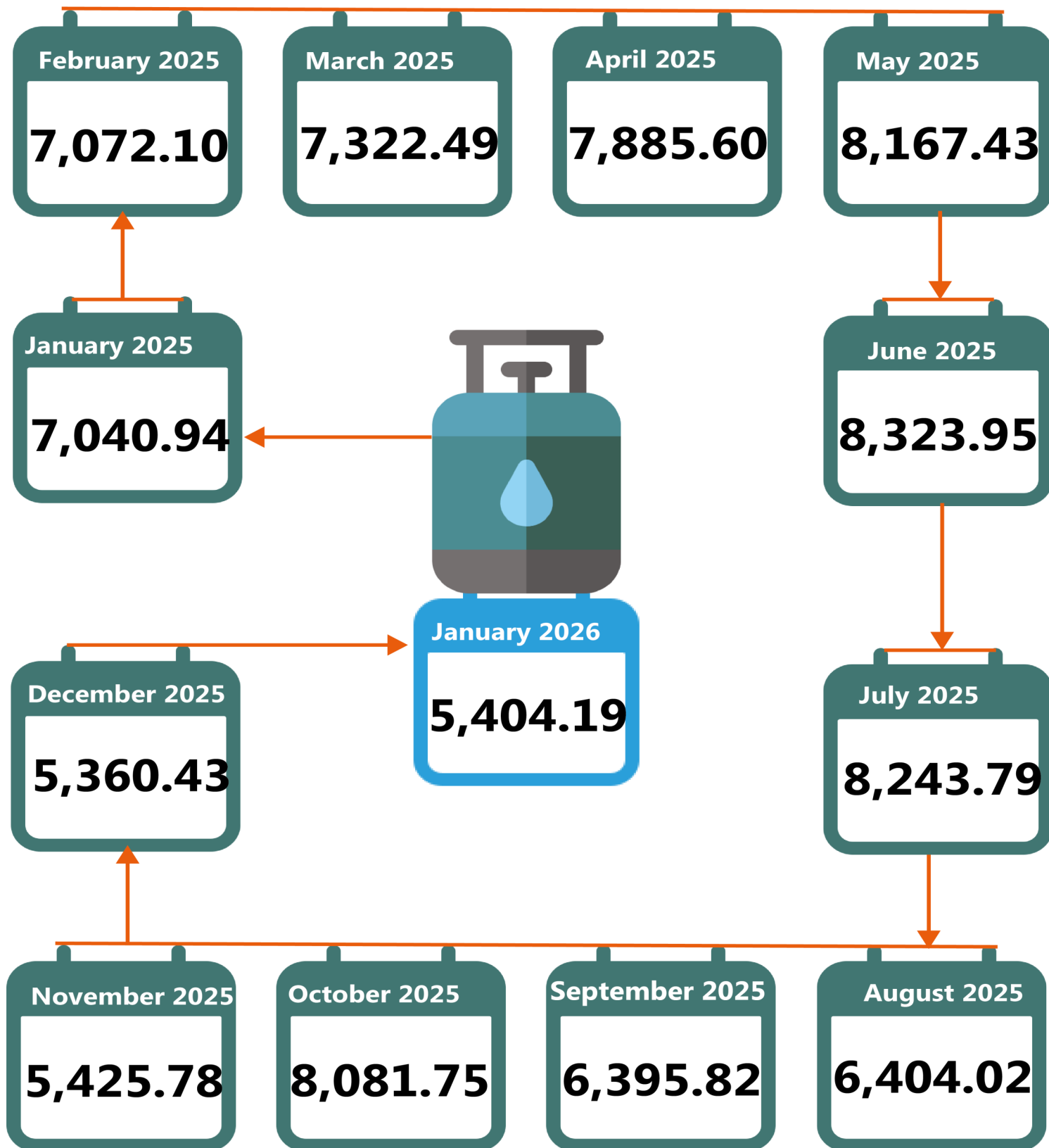
Average Cooking Gas Prices Across States – 5KG Refilling





LIQUEFIED PETROLEUM GAS (COOKING GAS) PRICE WATCH - JANUARY 2026

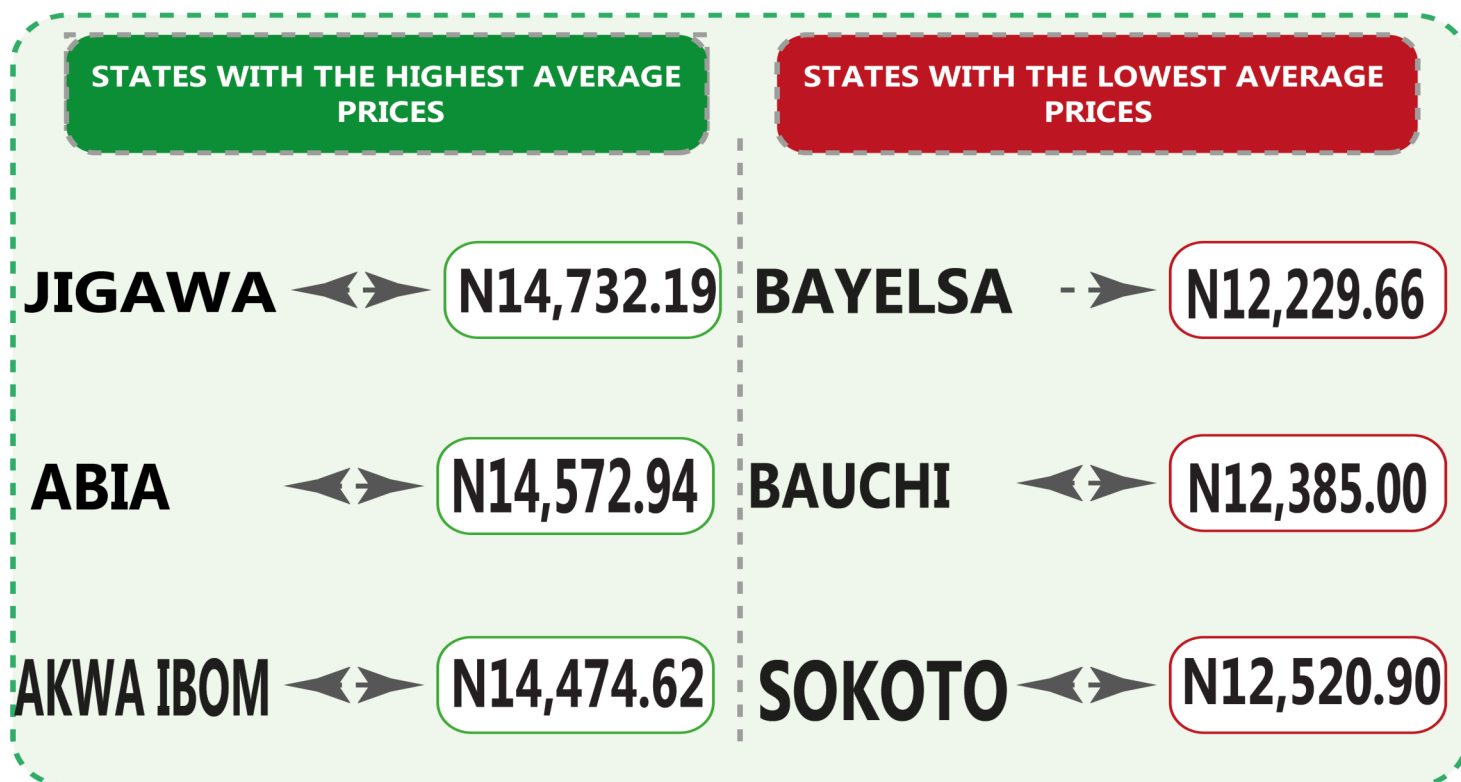
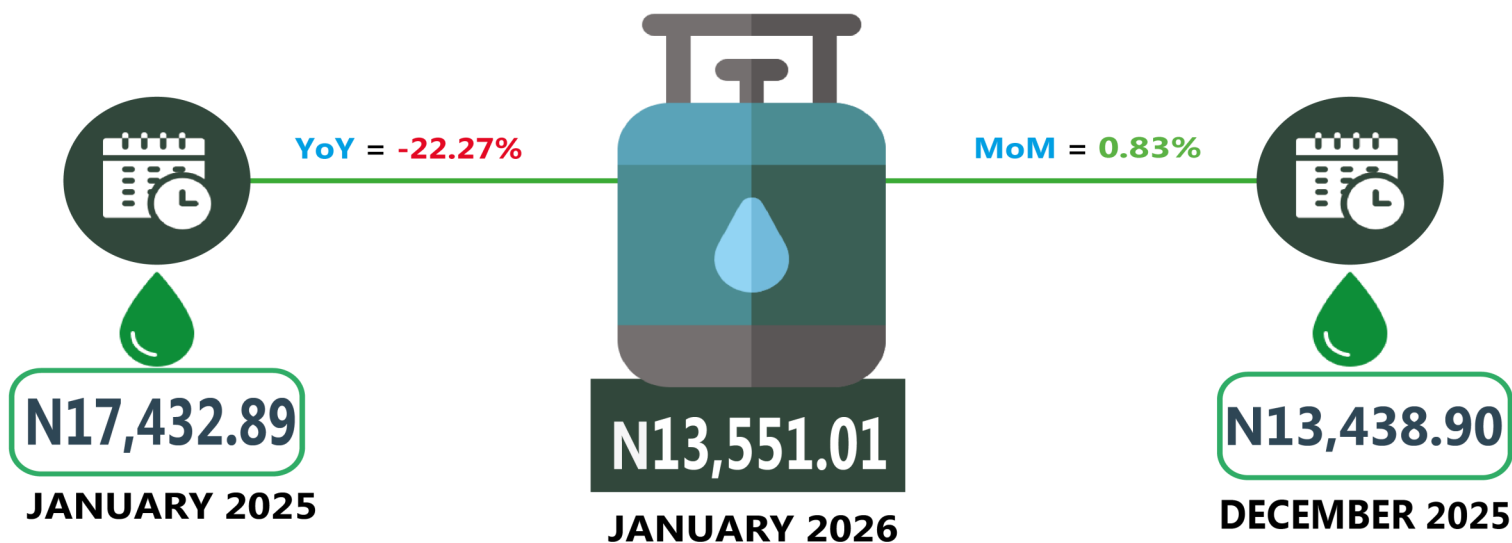
12 Month Average Prices – 5KG Refilling



LIQUEFIED PETROLEUM GAS (COOKING GAS)

PRICE WATCH - JANUARY 2026

Average Cooking Gas Prices Across States – 12.5KG Refilling



LIQUEFIED PETROLEUM GAS (COOKING GAS)

PRICE WATCH - JANUARY 2026

Average Cooking Gas Prices Across Zones – 12.5KG Refilling



N13,640.20

NORTH CENTRAL

N13,431.71

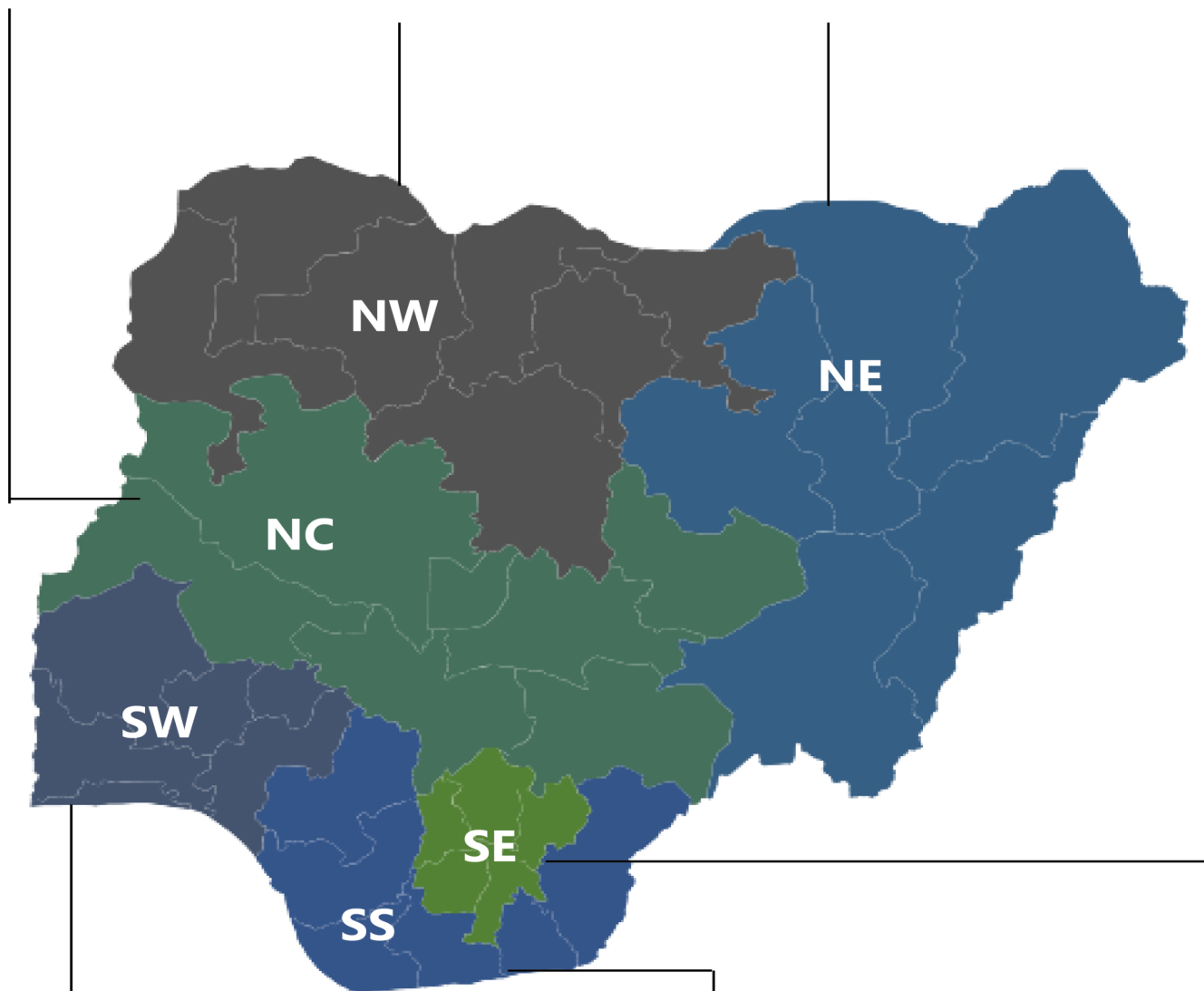
NORTH WEST

N13,256.87

NORTH EAST

N13,754.87

SOUTH EAST



N13,807.65

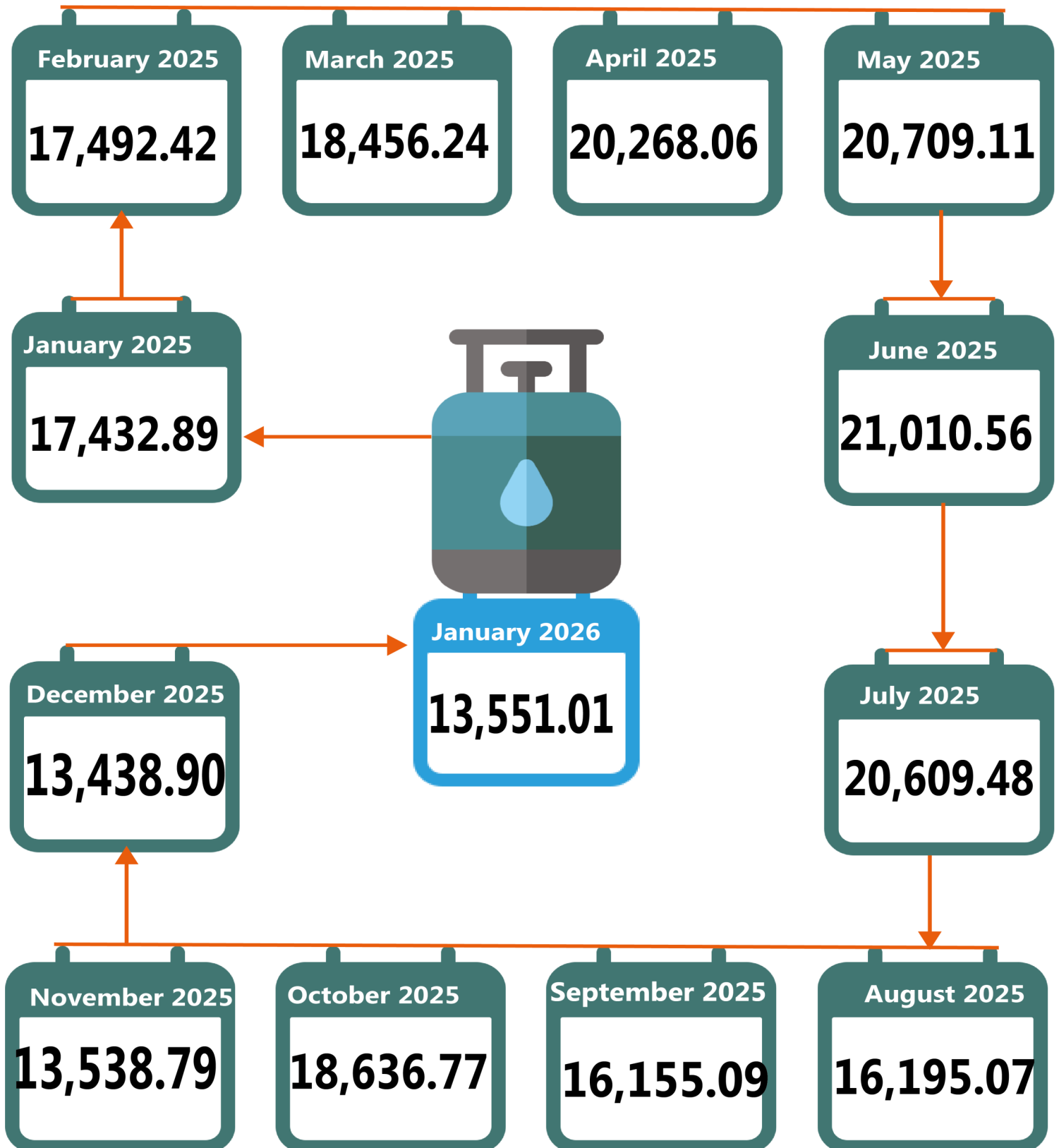
SOUTH WEST

N13,453.75

SOUTH SOUTH

LIQUEFIED PETROLEUM GAS (COOKING GAS) PRICE WATCH - JANUARY 2026

12 Month Average Prices– 12.5KG Refilling



APPENDIX

5KG

STATES	Average of Jan-25	Average of Dec-25	Average of Jan-26	MOM	YOY
NORTH CENTRAL	7016.01	5304.38	5427.51	2.32	-22.64
Abuja	7150.00	4935.16	5077.46	2.88	-28.99
Benue	7190.00	5221.52	5279.42	1.11	-26.57
Kogi	6677.33	5449.07	5601.67	2.80	-16.11
Kwara	6785.94	5438.93	5592.68	2.83	-17.58
Nasarawa	7052.00	5405.79	5611.96	3.81	-20.42
Niger	6660.00	5215.86	5307.37	1.75	-20.31
Plateau	7596.80	5464.35	5522.00	1.06	-27.31
NORTH EAST	7316.00	5269.00	5319.42	0.96	-27.29
Adamawa	6680.00	5578.16	5354.40	-4.01	-19.84
Bauchi	7320.00	5045.63	5054.00	0.17	-30.96
Borno	6756.00	5500.04	5318.75	-3.30	-21.27
Gombe	7260.00	4885.64	5111.61	4.63	-29.59
Taraba	8120.00	5322.22	5566.67	4.59	-31.44
Yobe	7760.00	5282.28	5511.07	4.33	-28.98
NORTH WEST	6821.02	5451.16	5372.68	-1.44	-21.23
Jigawa	7137.50	5825.09	5892.88	1.16	-17.44
Kaduna	6787.50	5838.66	5772.70	-1.13	-14.95
Kano	6708.00	5579.10	5313.67	-4.76	-20.79
Katsina	6960.00	4855.80	5013.80	3.25	-27.96
Kebbi	6397.50	5368.11	5222.46	-2.71	-18.37
Sokoto	7006.67	5098.24	5008.36	-1.76	-28.52
Zamfara	6750.00	5593.15	5384.93	-3.72	-20.22
SOUTH EAST	6966.15	5457.92	5501.95	0.81	-21.02
Abia	6773.73	5755.98	5829.17	1.27	-13.94
Anambra	6875.00	5276.25	5378.60	1.94	-21.77
Ebonyi	7032.00	5403.75	5283.60	-2.22	-24.86
Enugu	7094.44	5683.71	5785.83	1.80	-18.45
Imo	7055.59	5169.89	5232.53	1.21	-25.84
SOUTH SOUTH	7040.81	5256.27	5331.50	1.43	-24.28
Akwa Ibom	7300.00	5715.33	5789.85	1.30	-20.69
Bayelsa	6870.00	5048.19	4891.87	-3.10	-28.79
Cross River	6990.00	4891.00	5089.13	4.05	-27.19
Delta	6616.00	5757.27	5763.20	0.10	-12.89
Edo	6964.44	4905.01	5034.76	2.65	-27.71
Rivers	7504.44	5220.81	5420.18	3.82	-27.77
SOUTH WEST	7113.99	5434.30	5489.73	1.02	-22.83
Ekiti	7092.80	5459.39	5604.81	2.66	-20.98
Lagos	7466.67	5283.08	5445.61	3.08	-27.07
Ogun	7022.86	5336.86	5495.00	2.96	-21.76
Ondo	6593.67	5272.72	5300.12	0.52	-19.62
Osun	7222.22	5777.80	5618.25	-2.76	-22.21
Oyo	7285.71	5475.92	5474.57	-0.02	-24.86
Average	7040.94	5360.43	5404.19	0.82	-23.25

STATES	Average of Jan-25	Average of Dec-25	Average of Jan-26	MOM	YOY
NORTH CENTRAL	17197.88	13403.82	13640.20	1.76	-20.69
Abuja	17550.00	13337.90	13193.66	-1.08	-24.82
Benue	17975.00	13053.81	13198.56	1.11	-26.57
Kogi	16693.33	13622.68	14004.17	2.80	-16.11
Kwara	16964.85	13597.33	13981.69	2.83	-17.58
Nasarawa	15880.00	13514.48	14029.90	3.81	-11.65
Niger	16330.00	13039.65	13268.42	1.75	-18.75
Plateau	18991.99	13660.88	13805.00	1.06	-27.31
NORTH EAST	17956.67	13172.49	13256.87	0.64	-26.17
Adamawa	16700.00	13945.39	13386.00	-4.01	-19.84
Bauchi	18300.00	12614.09	12385.00	-1.82	-32.32
Borno	16890.00	13750.11	13296.88	-3.30	-21.27
Gombe	18150.00	12214.09	12779.03	4.63	-29.59
Taraba	18300.00	13305.55	13916.67	4.59	-23.95
Yobe	19400.00	13205.70	13777.67	4.33	-28.98
NORTH WEST	17123.99	13527.91	13431.71	-0.71	-21.56
Jigawa	18343.75	14162.71	14732.19	4.02	-19.69
Kaduna	16968.75	14296.65	14431.75	0.94	-14.95
Kano	16770.00	13947.75	13284.17	-4.76	-20.79
Katsina	17400.00	12139.49	12534.50	3.25	-27.96
Kebbi	15993.75	13420.26	13056.15	-2.71	-18.37
Sokoto	17516.67	12745.61	12520.90	-1.76	-28.52
Zamfara	16875.00	13982.88	13462.31	-3.72	-20.22
SOUTH EAST	17295.38	13664.79	13754.87	0.66	-20.47
Abia	16334.33	14489.96	14572.94	0.57	-10.78
Anambra	17187.50	13190.62	13446.50	1.94	-21.77
Ebonyi	17580.00	13509.38	13209.00	-2.22	-24.86
Enugu	17736.11	14209.28	14464.58	1.80	-18.45
Imo	17638.97	12924.72	13081.33	1.21	-25.84
SOUTH SOUTH	17722.87	13307.33	13453.75	1.10	-24.09
Akwa Ibom	18500.00	14288.32	14474.62	1.30	-21.76
Bayelsa	17500.00	12620.47	12229.66	-3.10	-30.12
Cross River	17475.00	13227.50	13472.83	1.85	-22.90
Delta	16540.00	14393.17	14408.00	0.10	-12.89
Edo	17561.11	12262.53	12586.90	2.65	-28.33
Rivers	18761.11	13052.03	13550.45	3.82	-27.77
SOUTH WEST	17368.30	13585.74	13807.65	1.63	-20.50
Ekiti	17732.00	13648.48	14012.02	2.66	-20.98
Lagos	16166.67	13207.71	14114.03	6.86	-12.70
Ogun	17557.14	13342.15	13737.50	2.96	-21.76
Ondo	16484.17	13181.81	13250.29	0.52	-19.62
Osun	18055.56	14444.50	14045.62	-2.76	-22.21
Oyo	18214.29	13689.80	13686.43	-0.02	-24.86
Average	17432.89	13438.90	13551.01	0.83	-22.27

CONTACT



National Bureau of Statistics

Head Office
No. 1, Wole Olanipekun Street,
Formerly, Plot 762, Independence Avenue,
Off Constitution Avenue,
CBD, Abuja, F.C.T.

Bonaventure Nwosu

Information Desk
Head, Communication and Public Relations
Department (C&PRD)
Phone +2348033109882
bnwosu@nigerianstat.gov.ng

Moses Mathew

Statistical Information Officer
Department (C&PRD)
Phone +2347069071157
matmoses@nigerianstat.gov.ng



@nbs_nigeria



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Nbs_nigeria

